



Bikram Yoga
CITY HALL

July 2006

To whom it may concern:

Abhinav Sagar worked with us from April to July 2006 as a full time Bikram Yoga Instructor, average 10-16 classes per week; salary \$2800 to \$4000 Singapore dollars.

Abhinav demonstrated that he is an excellent Bikram Yoga teacher who encouraged students to practice yoga regularly and most importantly, to practice the right way. He has put in lots of energy into his classes, strictly followed dialogue with determination that students should always do the best they could for each posture. Our students think he was the one they feared the most but knows he wants the best for them.

It's been a pleasure working with him. I learned from him as a student and as a fellow teacher. In addition to teaching, Abhinav had been a great assistance to help promote our studio and memberships. He was also a great role model to inspire students; lead by example.

We will miss Abhinav dearly. I am sure Abhinava will success on any path that he choose and will be a great asset to any Bikram Yoga studio.

Diane Lee
Director
Bikram Yoga City Hall