



FALK CARDIOVASCULAR RESEARCH CENTER  
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Allan and Tina Neill Professor of Lymphatic Research and Medicine  
Professor of Medicine  
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*RE:* Abhinav Sagar

To Whom It May Concern:

I am very pleased to provide this letter of recommendation in support of Abhinav Sagar as a yoga instructor. I have had the wonderful opportunity to attend Mr. Sagar's classes for the last 16 months and, through my aggregate experience, I have acquired the utmost respect for his knowledge and talent.

Abhinav's manner is very cheerful and courteous. His approach is very friendly, but respectful. He demonstrates a solid understanding of techniques, knowledge and instruction. He is clear with both his verbal instructions and demonstration skills. Abhinav possesses comfortable and highly functional ability to interact with the students and is unfailingly attentive to the needs of new students who join the class.

As a professor within the School of Medicine, I am very sensitive to the impact of consistent and skillful teaching. I believe that Abhinav demonstrates all of the attributes of a well-grounded and highly effective teacher. I believe that his students, present and future, are very fortunate to be guided by his skills.

Sincerely,

Stanley G. Rockson, M.D.  
Allan and Tina Neill Professor of Lymphatic Research and Medicine  
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